





Using computers

Low confidence, stress or anxiety

Money worries

Disability

Are any of these stopping you from moving forward?
Step Forward
Tees Valley

CAN HELP!

Loneliness

Domestic violence

Alcohol or drugs





Step Forward Tees Valley offers individual support.

We are here to help you with things that are stopping you from finding work, training or education. If you are 18+ and have the right to work and live in the UK and need help to move forward, please get in touch. Joining the programme won't impact your benefits.









STEP FORWARD TEES VALLEY IS FUNDED BY THE EUROPEAN SOCIAL FUND AND THE NATIONAL LOTTERY COMMUNITY FUND